

## "You'll Make PROGRESS Everyday"

Welcome to our practice and thank you for choosing Progress Physical Therapy. Your quality of life is important to us. Your ability to do the things you want and need to do, whether it is at work or play, is our concern. We provide the highest level of rehabilitative care. The primary goal is to return you to the lifestyle you are accustomed to as quickly and safely as possible. Our mission is to accomplish this in a way that fits in with your busy life.

Progress Physical Therapy is a premier provider of outpatient therapy services in the region. We understand that the quality of our patient's lives depends on our commitment to service and clinical excellence. We are staffed by more than 60 professionals possessing over a combined 300 years of clinical experience specializing in physical, occupational, aquatic, hand, and other therapies. Many of our therapists hold advanced degrees and specialist certifications keeping us on the forefront of cutting-edge treatment and providing you with the latest care techniques in a friendly inviting atmosphere. Our professional staff is community-based, as we practice where we live and see our work as an integral part of giving back to our communities.

On your first visit, your physical therapist will perform an examination/evaluation to determine what deficits and/or problems you have that can be addressed in therapy. The examination/evaluation involves a thorough history, a physical assessment, and tests and measures that allow the therapist to get a more specific understanding of your condition. Your therapist will make a clinical judgment as to an appropriate treatment program that will be customized to your individual condition. Your program will be designed to address problems identified and achieve the goals you established during your initial consultation.

The treatments you receive will depend on what the physical therapist finds in the examination/evaluation. Our treatment programs include coordination among all individuals involved in your care including your physician, rehab nurse, case manager, or other healthcare provider. Detailed communication is necessary to ensure a good exchange of information, thorough documentation of the care and services provided, and instruction to you and others involved in your care to promote and optimize your health.



We would like to thank you for choosing Progress Physical Therapy for your rehabilitation needs. We sincerely appreciate your patronage. We take the responsibility and trust you have placed in our organization very seriously. Please read and sign this notification prior to your initial evaluation. Your therapist will also review this information with you during your initial appointment and answer any questions you may have about our scheduling process.

To facilitate the most effective and successful start to your treatment program, we would like to give you some important scheduling information prior to your initial appointment.

Your physician has referred or recommended that you be evaluated and treated by a Physical and/or Occupational Therapist. This referral or prescription for treatment will often include a recommended frequency and duration for our services. If a frequency and duration has not been specified by your physician your therapist will determine an appropriate frequency and duration during your initial evaluation.

Your treatment will be professionally monitored and may be progressed, modified, or discontinued during any of your weekly visits to our facility. **Therefore, it is imperative that you attend all of your scheduled appointments.** 

We are committed to offering our patients a practical and flexible appointment schedule. <u>If for any reason you must cancel an appointment, please call prior to that time</u> and we will reschedule your appointment for a different time or day during the same week.

Your therapist is required to maintain contact with your physician and/or insurance carrier on a regular basis. Your treatment progress will therefore be continually monitored and evaluated. This again requires your regular attendance for your appointments.

Your therapist will develop a home activity program for your performance on days you are not attending therapy. Your compliance with this activity program and professional instruction is critical for your success in treatment.

Therapist's Signature / Date

I hereby have read, reviewed, and understand the Patient Compliance Information Sheet. This
information has subsequently been reviewed with my evaluating therapist.

Patient Signature / Date